

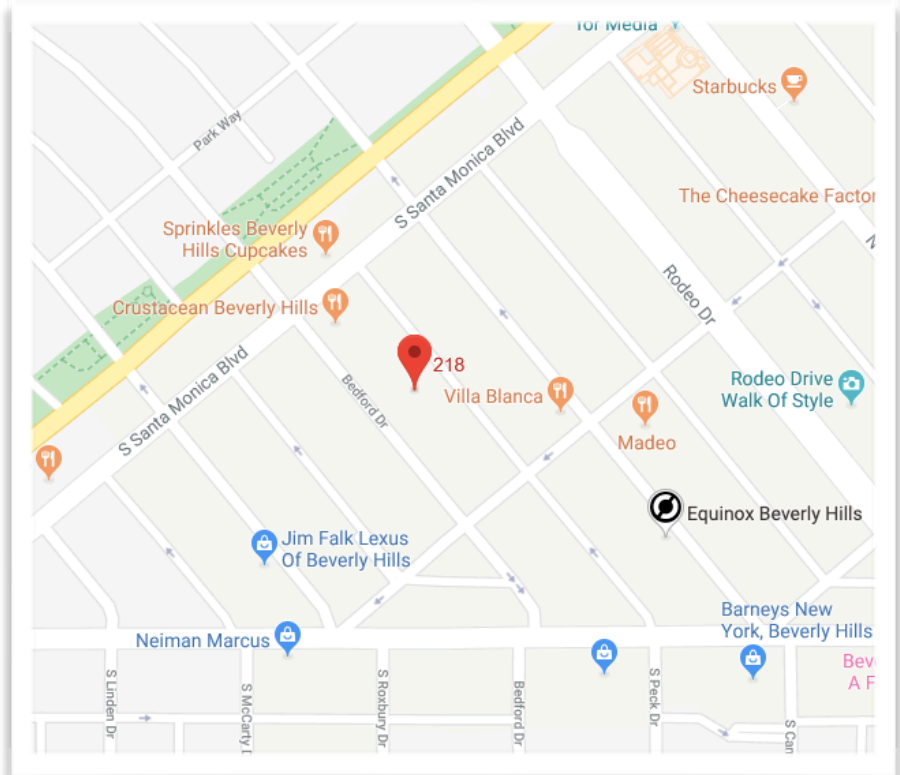


Firstly, thank you for choosing The Consultant Clinic for your procedure! Many of you have been following us for years on social media, so thank you for your support.

Our new permanent location is directly across the street from our previous location. We are now at:

436 N. Bedford Dr., Suite 218, Beverly Hills, CA 90201





## Do's and do nots - before your treatment.

**Please be prompt to your appointment time – if possible, arrive 10 minutes early to fill in consent/ medical history forms. Please note that your being late for your appointment may result in you not being able to be seen, and you losing your consultation fee.** Often the building owners close and open the buildings at strict set times, and as such your delay may result in someone at the end of the day's sessions not being able to be seen by us. As such, we reserve the right to cancel your appointment without refund if you are late.

If at all possible, please arrive makeup free. We know you all hate being without makeup, but a clean face is safer and it saves time.

Please avoid the following 48 hours before injections to help avoid bruising.

- Prescription medicines to thin the blood such as Warfarin, Clexane, Fragmin, Aspirin and Heparin. ALWAYS ask your doctor first prior to stopping these medications as they may be being prescribed to prevent dangerous blood clots in your body.
- Over the counter medicines that thin the blood such as aspirin or aspirin-like products (e.g. Advil, ibuprofen, Nurofen, Motrin). This includes medications/ anti inflammatories that relieve pain due to headache, arthritis, and menstrual cramps..
- Herbal supplements and vitamins that thin the blood, such as Vitamin E, Gingko Biloba, Feverfew, Ginseng, Red Clover, Fish oil, and garlic supplements. We advise you to stop taking your multi-vitamin also if it contains more than 40 IU (units) of vitamin E.
- Alcohol.

Some patients report too, that taking Arnica tablets for 3 days before treatment can also help.

Please let us know in advance if you have an active cold sore with or without herpetic blisters. We cannot treat you if this is the case, due to risk of granulomas and our duty of care to you. You are responsible for keeping us informed about anything that may affect our care of you, and that concerns your health and wellbeing. We want to keep you safe, happy and well – and this is far more important to us than anything else.

Please let us know in advance, if you are having liquid rhinoplasty and have a severe cold, a cold sore, allergic rhinitis. If you are prone to cold sores – we recommend asking your doctor to take Acyclovir tablets prophylactically.

If you look younger than 25, please bring photo ID. We do not and can not treat patients under the age of 18, and we reserve the right to refuse treatment without deposit refund.

When you arrive please check in with our receptionist. You will be given a consent form with your name on it. Please fill this in to the best of your ability. Please email us at [helpdesk@consultantclinic.com](mailto:helpdesk@consultantclinic.com) with any queries we may help you with.

We look forward to welcoming you to the clinic and are genuinely excited to meet you all!

***\*\* If paying via Amex (American Express Card) – please ensure you bring an alternative payment method as backup as Amex works very intermittently \*\****

